

Lecture 3: Deep Learning Optimizations

Deep Learning @ UvA

UVA DEEP LEARNING COURSE – EFSTRATIOS GAVVES

Lecture overview

- How to define our model and optimize it in practice
- Optimization methods
- Data preprocessing and normalization
- Regularizations
- Learning rate
- Weight initializations
- Good practices

Empirical Risk Minimization

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A Neural/Deep Network in a nutshell

1. The Neural Network

$$a_L(x; w_{1,...,L}) = h_L(h_{L-1}(...h_1(x, w_1), w_{L-1}), w_L)$$

2. Learning by minimizing empirical error

$$w^* \leftarrow \arg\min_w \sum_{(x,y) \subseteq (X,Y)} \mathcal{L}(y, a_L(x; w_{1,\dots,L}))$$

3. Optimizing with Stochastic Gradient Descent based methods

$$w_{t+1} = w_t - \eta_t \nabla_w \mathcal{L}$$

- The optimal machine learning solution is not necessarily the optimal solution
- They are practically equivalent
- Machine learning relates to optimization, with some differences
- In learning we usually do not optimize the intended task but an easier surrogate one
- Optimization is offline while Machine Learning can be online

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Pure Optimization vs Machine Learning Training?

- Pure optimization has a very direct goal: finding the optimum
 - Step 1: Formulate your problem mathematically as best as possible
 - Step 2: Find the optimum solution as best as possible
 - E.g., optimizing the railroad network in the Netherlands
 - Goal: find optimal combination of train schedules, train availability, etc
- In Machine Learning, instead, the real goal and the trainable goal are quite often different (but related)
 - Even "optimal" parameters are not necessarily **optimal \leftarrow Overfitting** ...
 - E.g., You want to recognize cars from bikes (<u>0-1 problem</u>) in <u>unknown</u> images, but you optimize the classification log probabilities (<u>continuous</u>) in <u>known</u> images

We ideally should optimize for

 $\min_{w} E_{x,y\sim p_{data}}[\mathcal{L}(w;x,y)]$ i.e. the expected loss under the true underlying distribution but we do not have access to this distribution

• Thus, borrowing from optimization, the best way we can get satisfactory solutions is by minimizing the empirical risk

$$\min_{w} \mathbf{E}_{x,y\sim\hat{p}_{data}} [\mathcal{L}(w; x, y)] = \frac{1}{m} \sum_{i=1}^{m} \mathcal{L}(h(x_i; w), y_i)$$

- That is, minimize the risk on the available training data sampled by the empirical data distribution (mini-batches)
- While making sure your parameters do not overfit the data

Stochastic Gradient Descent (SGD)

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• To optimize a given loss function, most machine learning methods rely on Gradient Descent and variants

$$w_{t+1} = w_t - \eta_t g_t$$

• Gradient $g_t = \nabla_t \mathcal{L}$

 \circ Gradient on full training set \rightarrow Batch Gradient Descent

$$g_t = \frac{1}{m} \sum_{i=1}^m \nabla_w \mathcal{L}(w; x_i, y_i)$$

- Computed empirically from all available training samples (x_i, y_i)
- \circ Sample gradient \rightarrow Only an approximation to the true gradient g_t^* if we knew the real data distribution

Advantages of Batch Gradient Descent batch learning

- Conditions of convergence well understood
 - Simpler theoretical analysis on weight dynamics and convergence rates
- Acceleration techniques can be applied
 - Second order (Hessian based) optimizations are possible
 - Measuring not only gradients, but also curvatures of the loss surface

- Data is often too large to compute the full gradient, so slow training
- The loss surface is highly non-convex, so cannot compute the real gradient
- No real guarantee that leads to a good optimum
- No real guarantee that it will converge faster

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Still, optimizing with Gradient Descent is not perfect

- Often loss surfaces are
 - highly non-convex
 - very high-dimensional
- No real guarantee that
 the final solution will be good
 we converge fast to final solution
- Datasets are typically too large to compute complete gradients



• The gradient approximates the expectation $E(\nabla_{\theta} \mathcal{L})$ by taking samples $E(\nabla_{\theta} \mathcal{L}) \approx \frac{1}{m} \sum \nabla_{\theta} \mathcal{L}_i$

• So called Monte Carlo approximation

- Following the central limit theorem, the standard error of this first approximation is given by $\sigma/_{\sqrt{m}}$
 - \circ So, the error drops sublinearly with m. To compute $\underline{2x\mbox{ more}}$ accurate gradients, we need $\underline{4x\mbox{ data}}$ points
 - And what's the point anyways, since our loss function is only a surrogate?

 \circ Introduce a second approximation in computing the gradients ightarrow SGD

• Stochastically sample "mini-training" sets ("mini-batches") from dataset D

$$B_{j} = sample(D)$$
$$w_{t+1} = w_{t} - \frac{\eta_{t}}{|B_{j}|} \sum_{i \in B_{j}} \nabla_{w} \mathcal{L}_{i}$$

Some advantages of SGD

- Randomness helps avoid overfitting solutions
 - Variance of gradients increases when batch size decreases
- In practice, accuracy is often better
- Much faster than Gradient Descent
- Suitable for datasets that change over time

SGD is often better



• No guarantee that this is what is going to always happen.

Loss surface

• But the noisy SGD gradients can help escaping local optima

SGD helps avoid overfitting

- Gradient Descent: Complete gradients fit optimally the (arbitrary) data we have, not necessarily the distribution that generates them
 - All training samples are the "absolute representative" of the input distribution
 - Suitable for traditional optimization problems: "find optimal route"
 - $^{\circ}$ But for ML we cannot make this assumption ightarrow test data are always different
- SGB: sampled mini-batches produce roughly representative gradients
 - Model does not overfit (as much) to the particular training samples

SGD for dynamically changing datasets

- Often data distribution changes over time, e.g. Instagram
 - Should "cool 2010 pictures" have as much influence as 2018?
- GD is biased towards the more "past" samples
- A properly implemented SGD can track changes better [LeCun2002]



Popular last year *Kiki challenge*



Popular in 2014



Popular in 2010

Shuffling examples



- Choose samples with maximum information content
 - Mini-batches should contain examples from different classes
 - Prefer samples likely to generate larger errors
 - \circ Otherwise gradients will be small ightarrow slower learning
 - Check the errors from previous rounds and prefer "hard examples"
 - Don't overdo it though :P, beware of outliers
- O In practice, split your dataset into mini-batches
 New epoch → create new randomly shuffled batches

Shuffling at epoch t

Shuffling at epoch t+1

Dataset



• SGD is preferred to Gradient Descent

- Training is orders of magnitude faster
 - In real datasets Gradient Descent is not even realistic
- Solutions generalize better
 - Noisier gradients can help escape local minima
 - \circ More efficient ightarrow larger datasets ightarrow better generalization
- How many samples per mini-batch?
 - Hyper-parameter, trial & error
 - Usually between 32-256 samples
 - \circ A good rule of thumb ightarrow as many as your GPU fits

o III conditioning

• Let's check the 2nd order Taylor dynamics for optimizing the cost function

$$\mathcal{L}(\theta) = \mathcal{L}(\theta') + (\theta - \theta')^{\mathrm{T}}g + \frac{1}{2}(\theta - \theta')^{\mathrm{T}}H(\theta - \theta') \quad (\text{H:Hessian})$$
$$\mathcal{L}(\theta' - \varepsilon g) \approx \mathcal{L}(\theta') - \varepsilon g^{\mathrm{T}}g + \frac{1}{2}g^{\mathrm{T}}Hg$$

• Even if the gradient g is strong, if $\frac{1}{2}g^THg > \varepsilon g^Tg$ the cost will increase

o Local minima

• Non-convex optimization produces lots of equivalent, local minima

- Plateaus and cliffs
- Vanishing and exploding gradients
- Long-term dependencies



Advanced Optimizations

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Using different optimizers



Picture credit: Jaewan Yun

Pathological curvatures



Picture credit: <u>Team Paperspace</u>

Second order optimization

- Normally all weights updated with same "aggressiveness"
 - Often some parameters could enjoy more "teaching"
 - While others are already about there
- Adapt learning per parameter $w_{t+1} = w_t H_{\mathcal{L}}^{-1} \eta_t g_t$
- $H_{\mathcal{L}}$ is the Hessian matrix of \mathcal{L} : second-order derivatives

$$H_{\mathcal{L}}^{ij} = \frac{\partial \mathcal{L}}{\partial w_i \partial w_j}$$





w1

Is it easy to use the Hessian in a Deep Network?

- Yes, you just use the auto-grad
- Yes, you just compute the square of your derivatives
- No, the matrix would be too huge

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Second order optimization methods in practice

- o Inverse of Hessian usually very expensive
 - Too many parameters
- Approximating the Hessian, e.g. with the L-BFGS algorithm
 - Keeps memory of gradients to approximate the inverse Hessian
 - L-BFGS works alright with Gradient Descent. What about SGD?
- In practice, SGD with momentum works just fine quite often

Momentum

- Don't switch update direction all the time
- o Maintain "momentum" from previous updates → dampens oscillations

$$u_{t+1} = \gamma u_t - \eta_t g_t$$
$$w_{t+1} = w_t + u_{t+1}$$

- Exponential averaging
 - With $\gamma = 0.9$ and $u_0 = 0$
 - $u_1 \propto -g_1$

•
$$u_2 \propto -0.9g_1 - g_2$$

•
$$u_3 \propto -0.81g_1 - 0.9g_2 - g_3$$



Momentum



- cancels out the oscillating gradients
- gives more weight to recent updates
- o More robust gradients and learning
 → faster convergence
- $\circ\,$ In practice, initialize $\gamma=\gamma_0=0.5$ and anneal to $\gamma_\infty=0.9$



w1

RMSprop



- Small gradients, e.g. stuck in plateau of loss surface
 Updates become more aggressive
- Sort of performs simulated annealing





• One of the most popular learning algorithms

$$m_{t} = \beta_{1}m_{t-1} + (1 - \beta_{1})g_{t}$$

$$v_{t} = \beta_{2}v_{t-1} + (1 - \beta_{2})g_{t}^{2}$$

$$\widehat{m}_{t} = \frac{m_{t}}{1 - \beta_{1}^{t}}, \hat{v}_{t} = \frac{v_{t}}{1 - \beta_{2}^{t}}$$

$$u_{t} = -\frac{\eta}{\sqrt{\widehat{v}_{t}} + \varepsilon} \widehat{m}_{t}$$

$$w_{t+1} = w_{t} + u_{t}$$

• Recommended values: $\beta_1 = 0.9$, $\beta_2 = 0.999$, $\varepsilon = 10^{-8}$

• Similar to RMSprop, but with momentum & correction bias

o Schedule

•
$$r = \sum_{\tau} (\nabla_{\theta} \mathcal{L})^2 \implies w_{t+1} = w_t - \eta \frac{g_t}{\sqrt{r+\varepsilon}}$$

• Gradients become gradually smaller and smaller

Nesterov Momentum [Sutskever2013]

• Use the future gradient instead of the current gradient

 $w_{t+0.5} = w_t + \gamma u_\tau$ $u_{t+1} = \gamma u_\tau - \eta_t \nabla_{w_{t+0.5}} \mathcal{L}$

 $w_{t+1} = w_t + u_{t+1}$

- Better theoretical convergence
- Generally works better with Convolutional Neural Networks



Visual overview



Picture credit: Jaewan Yun

Input Normalization





Data pre-processing

• Most common: center data roughly around 0

- Activation functions usually "centered" around 0
 - Important for propagation to next layer: $x=0 \rightarrow y=0$ does not introduce bias within layers (for ReLU and tanh)
 - Important for training: strongest gradients around x=0 (for tanh and sigmoid)

ReLU 🙂











Unit Normalization: $N(\mu, \sigma^2) \rightarrow N(0, 1)$

- Assume: Input variables follow a Gaussian distribution (roughly)
- Normalize by:
 - Computing mean and standard deviation from training set
 - Subtracting the mean from training/validation/testing samples and dividing the result by the standard deviation



Picture credit: Stanford Course

Even simpler: Centering the input

• When input dimensions have similar ranges ...

... and with the right non-linearity ...

... centering might be enough (i.e. subtract the mean)

• e.g. in images all dimensions are pixels - all pixels have more or less the same ranges

• Input variables should be as decorrelated as possible

- Input variables are "more independent"
- Model is forced to find non-trivial correlations between inputs
- \circ Decorrelated inputs ightarrow Better optimization
- Obviously decorrelating inputs is not good when inputs are by definition correlated, like in sequences



Batch normalization [loffe2015]

- Input distributions change for every layer, especially during training
- Normalize the layer inputs with batch normalization
 - Roughly speaking, normalize x_l to N(0, 1), then rescale using trainable parameters



Batch normalization – The algorithm

 $\circ \mu_{\mathcal{B}} \leftarrow \frac{1}{m} \sum_{i=1}^{m} x_i$ $\circ \sigma_{\mathcal{B}} \leftarrow \frac{1}{m} \sum_{i=1}^{m} (x_i - \mu_{\mathcal{B}})^2$ $\circ \ \widehat{x_i} \leftarrow \frac{x_i - \mu_B}{\sqrt{\sigma_B^2 + \varepsilon}}$ $\circ \ \widehat{y}_i \leftarrow \gamma \widehat{x}_i + \beta$

Trainable parameters

[compute mini-batch mean]

[compute mini-batch variance]

[normalize input]

[scale and shift input]

What is the mean/stdev Batch Norm $y = \gamma x + \beta$?

•
$$\mu = \mu_x + \beta, \sigma = \sigma_x + \gamma$$

• $\mu = \beta, \sigma = \gamma$
• $\mu = \beta, \sigma = \beta + \gamma$
• $\mu = \gamma, \sigma = \beta$

What is the mean/stdev Batch Norm $y = \gamma x + \beta$?

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• $\mu = \beta, \sigma = \gamma$
• $\mu = \beta, \sigma = \beta + \gamma$
• $\mu = \gamma, \sigma = \beta$

• Covariate shift

- At each step, a layer must not only adapt the weights to fit better the data
- It must also adapt to the change of its input distribution, as its input is itself the result of another layer that changes over steps
- The distribution fed to the layers of a network should be somewhat:
 - Zero-centered
 - Constant through time and data



Batch normalization – Intuition II

- o β , γ are trainable parameters, so when they change there is still internal covariate shift
- 2nd explanation: Batch norm simplifies the learning dynamics
 - Neural network output is determined by higher order interactions between layers; this complicates the gradient update
 - Mean of BatchNorm output is β , std is γ ; independent from the activation values themselves \rightarrow suppresses higher order interactions and makes training easier
- This angle better explains practical observations:
 - Why batch norm works better after the nonlinearity?
 - \circ Why have γ and β if the problem is the covariate shift?

Batch normalization - Benefits

- \circ Can use higher learning rates \rightarrow faster training
- Neurons of all layers get activated in a near optimal "regime"
- Model regularization
 - Neuron activations not deterministic, depend on the batch
 - Per mini-batch mean and variance are noisy
 - Injected noise reduces overfitting during search



Figure 1: (a) The test accuracy of the MNIST network trained with and without Batch Normalization, vs. the number of training steps. Batch Normalization helps the network train faster and achieve higher accuracy. (b, c) The evolution of input distributions to a typical sigmoid, over the course of training, shown as {15, 50, 85}th percentiles. Batch Normalization makes the distribution more stable and reduces the internal covariate shift.

From training to test time

• How do we ship the Batch Norm layer after training?

- We might not have batches at test time
- Usually: keep a moving average of the mean and variance during training
 - Plug them in at test time
 - To the limit, the moving average of mini-batch statistics approaches the batch statistics

 $\begin{array}{l} \circ \ \mu_{B} \leftarrow \frac{1}{m} \sum_{i=1}^{m} x_{i} \\ \circ \ \sigma_{B} \leftarrow \frac{1}{m} \sum_{i=1}^{m} (x_{i} - \mu_{B})^{2} \\ \circ \ \hat{x}_{i} \leftarrow \frac{x_{i} - \mu_{B}}{\sqrt{\sigma_{B}^{2} + \varepsilon}} \\ \circ \ \hat{y}_{i} \leftarrow \frac{\gamma \hat{x}_{i} + \beta}{\sqrt{\sigma_{B}^{2} + \varepsilon}} \end{array}$

Regularization

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- Neural networks typically have thousands, if not millions of parameters
 - Usually, the dataset size smaller than the number of parameters
- Overfitting is a grave danger
- Proper weight regularization is crucial to avoid overfitting

$$\mathbf{w}^* \leftarrow \arg\min_{w} \sum_{(x,y) \subseteq (X,Y)} \mathcal{L}(y, a_L(x; w_{1,\dots,L})) + \lambda \Omega(\theta)$$

- Possible regularization methods
 - ℓ_2 -regularization
 - ℓ_1 -regularization
 - Dropout
 - •

ℓ_2 -regularization

• Most important (or most popular) regularization

$$\mathbf{w}^* \leftarrow \arg\min_{w} \sum_{(x,y) \subseteq (X,Y)} \mathcal{L}(y, a_L(x; w_{1,\dots,L})) + \frac{\lambda}{2} \sum_{l} w_l^2$$

 \circ The ℓ_2 -regularization is added to the gradient descent update rule

$$w_{t+1} = w_t - \eta_t (\nabla_\theta \mathcal{L} + \lambda w_l) \Longrightarrow$$

$$w_{t+1} = (1 - \lambda \eta_t) w^{(t)} - \eta_t \nabla_\theta \mathcal{L}$$

"Weight decay", because
weights get smaller

• ℓ_1 -regularization is one of the most important regularization techniques $w^* \leftarrow \arg \min_{w} \sum_{(x,y) \subseteq (X,Y)} \mathcal{L}(y, a_L(x; w_{1,...,L})) + \frac{\lambda}{2} \sum_{l} |w_l|$

• Also ℓ_1 -regularization is added to the gradient descent update rule $w_{t+1} = w_t - \eta_t \left(\nabla_{\theta} \mathcal{L} + \lambda \frac{w^{(t)}}{|w^{(t)}|} \right)$ • ℓ_1 -regularization \rightarrow sparse weights

• $\lambda \nearrow \rightarrow$ more weights become 0

Sign function

Early stopping

- To tackle overfitting another popular technique is early stopping
- Monitor performance on a separate validation set
- Training the network will decrease training error, as well validation error (although with a slower rate usually)
- Stop when validation error starts increasing
 - This quite likely means the network starts to overfit



Dropout [Srivastava2014]

- During training randomly set activations to 0
 - $^{\circ}$ Neurons sampled at random from a Bernoulli distribution with p=0.5
- During testing all neurons are used
 - $^{\circ}$ Neuron activations reweighted by p
- o Benefits
 - Reduces complex co-adaptations or co-dependencies between neurons
 - Every neuron becomes more robust
 - Decreases overfitting

• Effectively, a different architecture for every input batch during training

• Similar to model ensembles

Original model

Effectively, a different architecture for every input batch during training
 Similar to model ensembles



Dropout

Effectively, a different architecture for every input batch during training
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Dropout

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Batch 2

Learning rate

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 $_{\rm O}$ The right learning rate η_t very important for fast convergence

- \circ Too strong ightarrow gradients overshoot and bounce
- \circ Too weak ightarrow slow training
- Learning rate per weight is often advantageous

• Some weights are near convergence, others not



Convergence

• The step sizes theoretically should satisfy the following [Robbins-Monro]

$$\sum_t^\infty \eta_t = \infty$$
 and $\sum_t^\infty \eta_t^2 < \infty$

o Intuitively,

- The first term ensures that search will explore enough
- The second term ensures convergence

Learning rate schedules

- Constant
 - Learning rate remains the same for all epochs
- o Step decay
 - Decrease every T number of epochs or when validation loss stopped decreasing

• Inverse decay
$$\eta_t = \frac{\eta_0}{1 + \varepsilon t}$$

o Exponential decay $\eta_t = \eta_0 e^{-\varepsilon t}$

Often step decay preferred
 simple, intuitive, works well


- Try several log-spaced values 10^{-1} , 10^{-2} , 10^{-3} , ... on a smaller set
 - Then, you can narrow it down from there around where you get the lowest validation error
- You can decrease the learning rate every 10 (or some other value) full training set epochs
 - Although this highly depends on your data



Weight initialization





Weight initialization



- There are few contradictory requirements:
- Weights need to be small enough
 - Otherwise output values explode
- Weights need to be large enough
 - Otherwise signal is too weak for any serious learning



- Around origin $(\vec{0})$ for symmetric functions (tanh, sigmoid)
 - When training starts, better stimulate activation functions near their linear regime
 - \circ larger gradients \rightarrow faster training

• Weights must be initialized **to preserve the variance** of the activations during the forward and backward computations

Question: Why similar input/output variance?

• Initialize weights to be different from one another

- Don't give same values to all weights (like all $\vec{0}$)
- \circ In that case all neurons generate same gradient ightarrow no learning
- Generally speaking initialization depends on
 - non-linearities
 - data normalization

- Weights must be initialized **to preserve the variance** of the activations during the forward and backward computations
- Question: Why similar input/output variance?

Answer: Because the output of one module is the input to another

- Initialize weights to be different from one another
 - Don't give same values to all weights (like all $\vec{0}$)
 - \circ In that case all neurons generate same gradient ightarrow no learning
- Generally speaking initialization depends on
 - non-linearities
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• For a = wx the variance is $var(a) = E[x]^{2}var(w) + E[w]^{2}var(x) + var(x)var(w)$ • Since E[x] = E[w] = 0 $var(a) = var(x)var(w) \approx d \cdot var(x_i)var(w_i)$ • For $var(a) = var(x) \Rightarrow var(w_i) = \frac{1}{d}$ • Draw random weights from $w \sim N(0, 1/d)$

where d is the number of input variables to the layer

Xavier initialization [Glorot 2010]

- For tanh: initialize weights from U $\left[-\sqrt{\frac{6}{d_{l-1}+d_l}}, \sqrt{\frac{6}{d_{l-1}+d_l}}\right]$
 - d_{l-1} is the number of input variables to the tanh layer and d_l is the number of the output variables

• For a sigmoid U
$$\left[-4 \cdot \sqrt{\frac{6}{d_{l-1}+d_l}}, 4 \cdot \sqrt{\frac{6}{d_{l-1}+d_l}}\right]$$

[He2015] Initialization for ReLUs

• Unlike sigmoidals, ReLUs return 0 half of the time

- Double the weight variance
 - Compensate for the zero flat-area
 → Input and output maintain same variance
- Draw random weights from w~N(0,2/d) where d is the number of input variables to the layer



Babysitting Deep Nets

- o Always check your gradients if not computed automatically
- Check that in the first round you get loss that corresponds to random guess
- Check network with few samples
 - Turn off regularization. You should predictably overfit and get a loss of 0
 - Turn on regularization. The loss should be higher than before
- Have a separate validation set
 - Use validation set for hyper-parameter tuning
 - Compare the curve between training and validation sets there should be a gap, but not too large
- Preprocess the data (at least to have 0 mean)
- o Initialize weights based on activations functions
 - Xavier or He initialization
- Use regularization (ℓ_2 -regularization, dropout, ...)
- Use batch normalization

Summary

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- SGD and advanced SGD-like optimizers
- Input normalization and Batch normalization
- Regularization
- Learning rate
- Weight initialization

Reading material

- o Chapter 8, 11
- And the papers mentioned in the slide

Reading material

UVA DEEP LEARNING COURSE EFSTRATIOS GAVVES DEEP LEARNING OPTIMIZATIONS - 83 Deep Learning Book

o Chapter 8, 11

Papers

- o <u>Efficient Backprop</u>
- <u>How Does Batch Normalization Help Optimization? (No, It Is Not About</u> <u>Internal Covariate Shift)</u>

Blog

- <u>https://medium.com/paperspace/intro-to-optimization-in-deep-learning-momentum-rmsprop-and-adam-8335f15fdee2</u>
- o http://ruder.io/optimizing-gradient-descent/
- o <u>https://github.com/Jaewan-Yun/optimizer-visualization</u>
- <u>https://blog.paperspace.com/intro-to-optimization-in-deep-learning-gradient-descent/</u>